

**Specialty**

Physical Medicine

Electromyography (EMG)

Sports Medicine

Pain and Spine Medicine

Areas of Interests

Back Pain

Neuropathies

Athletic Injuries

Medical SchoolMSU College of Osteopathic
Medicine, East Lansing, MI**Residency**MSU/Sparrow, East Lansing,
Physical Medicine & Rehabilitation**Fellowship**Electromyography EMG
Interventional Spine
Sports Medicine**Affiliations**Sparrow Hospital
Sparrow Health System
Sparrow Ionia Hospital
Sparrow Specialty Hospital
McLaren Greater Lansing

Dr. Saffarian received his undergraduate degree from Alma College, where he played four years of varsity soccer, prior to starting medical school at Michigan State University College of Osteopathic Medicine. He completed his residency in Physical Medicine and Rehabilitation at Michigan State University, where he served as chief resident his fourth year. Following residency, he completed a two year fellowship program in Interventional Spine, Electrodiagnostic Medicine, and Sports Medicine at Michigan State University. Dr. Saffarian is currently board certified in Physical Medicine and Rehabilitation, Electrodiagnostic Medicine, Pain Medicine, and Sports Medicine.

Dr. Saffarian serves as a Team Physician with Michigan State University Athletics and an Associate Professor through the College of Osteopathic Medicine. He was named the Program Director for the Physical Medicine and Rehabilitation Interventional Spine and Pain Medicine Fellowship program. Nationally, he serves on the Patient Safety Committee for the Spine Intervention Society and the Ultrasound Committee for the American Medical Society for Sports Medicine.

MSU Health Care Physical Medicine & Rehabilitation

Clinic Information4660 South Hagadorn
Road
Suite 500
East Lansing, MI 48823
517-267-8701**Services****Botox:** spasticity, cervical
dystonia (torticollis),
headaches**EMG****Platelet Rich Plasma
Injections (PRP)****Bone Marrow Stem Cell
injections: (BMAC)****Percutaneous tenotomy
(Tenex)****Clinic Hours**Mondays through Fridays
8:00 a.m. - 5:00 p.m.go.msu.edu/pmr**Spinal injections:** facet,
medial branch blocks,
rhizotomies, epidural
injections**Ultrasound-guided** nerve
blocks, joint injections, &
bursa injections**Trigger Point Injections****Viscosupplementation****Medication Management**
(seldom prescribe narcotics)